

# Cleaning Schedule

## Bathrooms

mon

- Declutter surfaces ●
- Wipe down sinks/mirrors ●
- Clean toilets/showers ●
- Empty trash cans ●

## Floors

tues

- Vacuum carpets ●
- Sweep/mop hard floors ●
- Spot clean baseboards ●
- Spot clean rugs ●

## Bedrooms

wed

- Declutter surfaces/tidy up ●
- Clear trash from dressers ●
- Declutter/organize closet ●
- Empty trash cans ●

## Clean & Dust

thurs

- Declutter living room ●
- Clean/disinfect countertops ●
- Dust furniture ●
- Dust cabinets/shelves/blinds ●

## Kitchen

fri

- Organize pantry/fridge ●
- Wipe cabinets/drawer fronts ●
- Wash dish towels/rags ●
- Clean inside of microwave ●

## Sheets/Meals

sat

- Wash sheets ●
- Spot clean pillows ●
- Plan meals for week ●
- Order/shop for groceries ●

## Declutter/Misc

sun

- Light decluttering ●
- 10 minute family pick-up ●
- Catch-up jobs ●
- Prep for week ahead ●

Daily

## Morning

m t w t f s s

- Make the beds ●●●●●●●●
- Unload dishwasher ●●●●●●●●
- Clean up breakfast ●●●●●●●●
- Tidy up kitchen ●●●●●●●●
- Wipe down counters ●●●●●●●●
- 5 minute declutter ●●●●●●●●
- Start/switch laundry ●●●●●●●●

## Evening

m t w t f s s

- Load dishwasher ●●●●●●●●
- Wipe counters/table ●●●●●●●●
- Sweep kitchen floor ●●●●●●●●
- 10 minute declutter ●●●●●●●●
- Fold laundry ●●●●●●●●
- Take out trash ●●●●●●●●
- Weekly cleaning job ●●●●●●●●

## Extras

# Cleaning Schedule

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**tues**

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**sat**

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**sun**

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**Daily**

**Morning**

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**Evening**

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**Extras**

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# Cleaning Schedule

## Bathrooms

mon	Declutter surfaces	●
	Wipe down sinks/mirrors	●
	Clean toilets/showers	●
	Empty trash cans	●

## Floors

tues	Vacuum carpets	●
	Sweep/mop hard floors	●
	Spot clean baseboards	●
	Spot clean rugs	●

## Bedrooms

wed	Declutter surfaces/tidy up	●
	Clear trash from dressers	●
	Declutter/organize closet	●
	Empty trash cans	●

## Clean & Dust

thurs	Declutter living room	●
	Clean/disinfect countertops	●
	Dust furniture	●
	Dust cabinets/shelves/blinds	●

## Kitchen

fri	Organize pantry/fridge	●
	Wipe cabinets/drawer fronts	●
	Wash dish towels/rags	●
	Clean inside of microwave	●

## Sheets/Meals

sat	Wash sheets	●
	Spot clean pillows	●
	Plan meals for week	●
	Order/shop for groceries	●

## Declutter/Misc

sun	Light decluttering	●
	10 minute family pick-up	●
	Catch-up jobs	●
	Prep for week ahead	●

## Daily

### Morning

m t w t f s s

Make the beds	● ● ● ● ● ● ●
Unload dishwasher	● ● ● ● ● ● ●
Clean up breakfast	● ● ● ● ● ● ●
Tidy up kitchen	● ● ● ● ● ● ●
Wipe down counters	● ● ● ● ● ● ●
5 minute declutter	● ● ● ● ● ● ●
Start/switch laundry	● ● ● ● ● ● ●

### Evening

m t w t f s s

Load dishwasher	● ● ● ● ● ● ●
Wipe counters/table	● ● ● ● ● ● ●
Sweep kitchen floor	● ● ● ● ● ● ●
10 minute declutter	● ● ● ● ● ● ●
Fold laundry	● ● ● ● ● ● ●
Take out trash	● ● ● ● ● ● ●
Weekly cleaning job	● ● ● ● ● ● ●

### Extras

# Cleaning Schedule

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**Tues**

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**Thurs**

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Daily

**Morning**  
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**Evening**  
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**Extras**

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