



7 DAY FALL HOME RESET

DAY 1 KITCHEN

- ☐ Deep clean the fridge and freezer - toss expired items & wipe down the shelves
- ☐ Go through the pantry - toss expired food & wipe down shelves, reorganize
- ☐ Declutter kitchen counters
- ☐ Wipe down cabinet fronts, handles, and appliance exteriors
- ☐ Empty out and organize your Tupperware/food storage cabinet
- ☐ Clean out your junk drawer

DAY 2 BEDROOMS

- ☐ Sort through and put away any lingering piles of clean laundry
- ☐ Declutter nightstands & dressers
- ☐ Rotate out summer clothes that are too small or out of season
- ☐ Wash bedding, pillows, and mattress protectors
- ☐ Dust furniture, baseboards, and light fixtures
- ☐ Vacuum under the bed
- ☐ Check on guest bed linens

DAY 3 BATHROOMS

- ☐ Scrub the shower, tub, and toilet
- ☐ Wipe down counters and clear out expired or empty toiletries
- ☐ Clean out the medicine cabinet and toss expired medications
- ☐ Wash bath mats and hand towels
- ☐ Restock essentials - toilet paper, hand soap, and any first aid supplies
- ☐ Clean mirrors and light fixtures
- ☐ Add Fall hand soap to guest bath

DAY 4 LIVING SPACES

- ☐ Declutter surfaces - coffee tables, end tables, entertainment centers
- ☐ Dust furniture, blinds, and light fixtures
- ☐ Vacuum or shampoo carpets and rugs
- ☐ Fluff and rotate couch cushions, wash throw blankets
- ☐ Organize toys, games, and media so everything has a home
- ☐ Wipe down remotes, light switches, and door handles

DAY 5 CLOSETS

- ☐ Swap out summer clothes for fall/winter items
- ☐ Declutter clothes and shoes that don't fit or aren't worn anymore - donate, store for younger siblings, or toss
- ☐ Switch to matching hangers for a instantly neater look
- ☐ Organize the top shelf of closets
- ☐ Organize coat closets & jackets, scarves, and boots
- ☐ Add labels to bins

DAY 6 GARAGE & OUTDOORS

- ☐ Put away summer gear - pool toys, sprinklers, water tables
- ☐ Sort through sports equipment and organize by season
- ☐ Sweep out the garage and clean up any oil spills or debris
- ☐ Check and store patio furniture and cushions if needed
- ☐ Organize storage bins and label them for easy access
- ☐ check outdoor lighting/ decor before holiday decorating season

DAY 7 FAMILY COMMAND CENTER

- ☐ Clear out and refresh paper clutter
- ☐ Set up (or refresh) baskets or files for each family member's papers
- ☐ Update your family calendar with fall and holiday dates
- ☐ Restock command center supplies
- ☐ Set up a spot for holiday cards, invitations, and event flyers as they start coming in
- ☐ Print and hang chore charts/routines for the season



NOTES & OTHER TO DO'S

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