

20 QUESTIONS TO ASK

While You're Decluttering

Use these questions when you're struggling with whether or not to let an item go.
You only need enough clarity to make a decision that fits your life now.

- 1 Would I buy this again today?
- 2 When did I last use it?
- 3 Will I realistically use it in the next year?
- 4 Does it fit my life right now?
- 5 Am I keeping it because of guilt?
- 6 Can I easily replace it if I need to?
- 7 Could I borrow or rent one instead?
- 8 What could I realistically sell it for?
- 9 Is selling it worth my time?
- 10 Could someone else use it more?
- 11 What space would I gain back by letting it go?
- 12 Do I already own something else that does the same job?
- 13 Is it damaged, outdated, or no longer my style?
- 14 Am I keeping it for my fantasy self?
- 15 Would I notice if it disappeared?
- 16 Am I trying to justify the original purchase?
- 17 Is this item making my home easier or harder to manage?
- 18 What did this purchase teach me?
- 19 Would getting rid of it give me relief?
- 20 Which would I rather have: the item or the space?



You already paid for the item once. You don't need to keep paying for it with your space, time, and peace of mind.

